



# NEWSLetter

## February 2026

### **Warm & Uplifting Theme for February**

*This February, we had added focus on the E.R.O.E.S — showing **Empathy**, **Respect**, taking **Ownership**, staying **Engaged**, and practicing **Self-Control** in every moment with our children and each other.*

### **Reflection on the Previous Month**

#### **Canora:**

January was filled with engaging hands-on learning experiences that supported children's curiosity and development. On *National Spaghetti Day*, children explored healthy food choices while participating in creative activities such as spaghetti painting, sensory play, and counting noodles. The *Lohri* celebration introduced children to a vibrant cultural tradition through singing, dancing, and storytelling, helping them learn about diversity in joyful and meaningful way.



#### **Northend:**

The month continued with fun and interactive days such as *National Hat Day* and *National Puzzle Day*, encouraging creativity, movement, problem-solving, and teamwork.

We wrapped up January with *Family Literacy Day*, promoting a love for reading and strengthening the connection between families and early learning at home.



## WHAT'S SPECIAL IN FEBRUARY 2026

On **Wednesday, February 4th at 10:00 a.m.**, we will celebrate **Science Day** using a fun-filled, hands-on science project designed to spark curiosity and excitement. Through play-based learning, children will explore, experiment and discover new concepts in an engaging way. This interactive experience encourages critical thinking and creativity while bringing plenty of smiles and wonder — making it a truly memorable day for our children.

On **Thursday, February 5th at 1:00 p.m.**, we are pleased to welcome a **Fire Prevention Officer** to our daycare for an informative fire safety presentation. Children will learn important tips about the fire protection and safety through an engaging, age-appropriate session.

On **Wednesday, February 18th at 10:00 a.m.**, WHDC will offer a special **Yoga Day**, where children will participate in simple poses, stretching, and breathing activities. This calming and playful session will promote balance, focus, relaxation, physical movement and overall well-being in a supportive environment.

From **February 9th to 13th**, children at **WHDC** will explore **Valentine's Day and Friendship theme** activities through creativity and imagination. A special Valentine-themed area will be set up with cards, envelopes, stamps, pencils, mailboxes, and mailbags, allowing children to create personalized Valentine cards and small gifts for their friends. As they engage in role-play as Valentines and postmen, children will deliver mail, practice kindness, and experience the joy of giving throughout the week.

Valentine celebration will conclude with a **Valentine's Day Party** on **Thursday, February 13th from 3:00–6:00 p.m.**, where children will deliver their Valentine cards to one another's mailboxes. This special moment allows children to feel proud and excited as they see their own mailboxes filled with thoughtful messages, reinforcing friendship, empathy, and connection in a fun and meaningful way. 🧡

**PLEASE NOTE: WHDC will be closed on Monday, February 16<sup>th</sup>, 2026, for Family Day.**

CONTACTS FOR FURTHER INFORMATION:

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